



## Future Legends Spring Leagues 2022

Future Legends Spring League is designed to help players in grades K-3rd develop their soccer skills in a fun and inclusive atmosphere! All players will learn deceptive dribbling and finishing skills, while also developing their creativity, bravery, and self-confidence that they can use both on and off the field. Spring League consists of one observation day, six game days, and seven weeks of practice. Players have the option of attending one or two practices per week, based on the needs of each family's schedule.

**Observation Day:** The first day of league is designed for players to get to know the coaches and for the coaches to get to know the players and their abilities. This is NOT a try out. After observation day our coaches will place players on evenly distributed teams and with the coach that they feel will work best based on their personality.

**Practice Days:** Players have the opportunity to attend one or two practices per week. These are selected after registration. Practices are one hour long and will introduce players to various skills and techniques. During practice players will have the opportunity to play with other players and coaches to help advance their skills and self-confidence.

**Game Days:** There will be one game day per week on Sundays for 1.5 hours. The first 20-30 minutes will be a team warm up and review of the skills learned that week. This will be followed by a 50-55 minute game against another team. Games are designed to give players as many opportunities as possible to practice their skills on the field. There are not out of bounds and the play is continual.

### Spring 2022 Dates & Times

#### Game Days

**Location:** Hillwood Park at 19001 3<sup>rd</sup> Ave NW, Shoreline, 98177

**Dates:** April 24<sup>th</sup> – June 12<sup>th</sup> (skip May 29<sup>th</sup>)

**Times:** K/1<sup>st</sup>: 1:00p-2:30p, 2<sup>nd</sup>/3<sup>rd</sup>: 2:30p-4:00p

#### Practice Days

**Tuesdays:** Sandel Park at 9053 1<sup>st</sup> Ave NW, Seattle, 98117 from 5:30p-6:30p

**Wednesdays:** Sandel Park at 9053 1<sup>st</sup> Ave NW, Seattle, 98117 from 5:30p-6:30p

**Thursdays:** Hillwood Park at 19001 3<sup>rd</sup> Ave NW, Shoreline, 98177 from 4:30p-5:30p or 5:30p-6:30p

**Season Fee:** \$249

Includes coaching, jersey, and end of year trophy

**Registration Link:** <https://bit.ly/3s851tq>



## Future Legends Lite Spring 2022

Future Legends Lite Leagues are designed to help players K-3rd develop their soccer skills with less weekly commitment. These leagues continue to educate players on deceptive dribbling and finishing skills, but only meet once per week.

Each week player will be introduced to a different skill and will work with our coaches to learn and practice that skill through fun and engaging activities. This will be followed by a short 15-30 minute scrimmage where players can practice their newly acquired skills in a game like scenario.

### **Mountlake Terrace**

**Location:** Ballinger Playfield at 23000 Lakeview Drive, Mountlake Terrace, 98043

**Dates:** Sundays, April 10<sup>th</sup> – May 15<sup>th</sup>

**Times:** 7-10 yrs: 2:15p-3:00p, 5-6 yrs: 3:15p-4:00p

**Registration Link:** <https://bit.ly/3t324uL>

### **Seattle - Greenwood**

**Location:** Sandel Park at 9053 1<sup>st</sup> Ave NW, Seattle, 98117

**Dates:** Sundays, April 24<sup>th</sup> – June 12<sup>th</sup> (Skip May 29<sup>th</sup>)

**Times:** 1<sup>st</sup>/2<sup>nd</sup>: 11am-12pm

**Season Fee:** \$134

**Registration Link:** <https://bit.ly/3p9QuwB>